Physicians of Southern California

| Patient:(Last. First Middle Initial) | Sex: | Date of Birth: | SSN: | |
|---|---|--|--|---|
| | Maiden N | | | |
| | Home phone: | | | |
| Email Address: | | | | |
| | | | | |
| Street Adress: | | _ City: | State: | Zip: |
| Patient Employed By: | Preferre | d Pharmacy: | | |
| Please circle which method o | f contact for appointment reminder | : Home phone Cell p | hone Email De | cline reminders |
| How did you hear about us?រ | ⊐ Website □ Social Media □Friend, | [/] Family referral □Othe | r: | |
| Race (Please circle one): White, Ar | merican Indian, Asian, Black/African | American, Hawaiian/P | acific Islander, Oth | ner Race |
| Ethnicity (Please circle one): Hispa | nic/Latino, Non-Hispanic/Latino, De | cline | | |
| Tobacco Status (please circle one): | Never Former Current Frequen | cy: | | |
| Primary Insurance: | | Subscriber Name: | | |
| ID Number: | Group Number: | | DOB: | |
| Previous Doctor: | Ph | one Number: | | |
| Physicians of Southern Califo use my contact information the healthcare provider to disclosion. | e number, cell phone number, email rnia Family Practice to employ a thir o make appointment reminder calls se to third parties who may intercep ne of a pending appointment, the ti | d-party automated out via text, phone, and er t these messages limit | treach and messag mail. I also authori ed protected heal | ging system to ze my th information |
| Emergency contact informati | on that is different than the patients | :: | | |
| Name: | Phone: | Relatio | onship: | |
| unless other arrangements hinsurance company its interm | Il fees regardless of insurance cover ave been made in advance. I author nediaries, any information needed fo ginal. This authorization remains in o | ze Physicians of Southor insurance claims. I pe | ern California to re ermit a copy of thi | elease to my s authorization |
| Signature: | | _ Date: | | |

Acknowledgement and Consent

- I understand that will use and disclose health information about me.
- I understand that my health information may include information both created and received by the practice, may be in the form of written or electronic records or spoken words, and may included information about my health history, health status, symptoms, examination, test results, diagnoses, treatments, procedures, prescriptions and similar types of health-related information.
- I understand and agree that this practice may use and disclose my health information ass described in a Notice of Privacy Practices.
- I understand that the Notice of Privacy Practices may be revised from time to time, and that I am entitled to receive a copy of any revised Notice of Privacy Practices.

| By signing below, I agree that I have reviewed and understand the information above and that I have been offered a copy of the Notice of Privacy Practices which is at the front desk. | | | |
|--|-------|---------|--|
| Name: | _DOB: | _ Date: | |

Patient Health History

| Past Medical History: | | | | | | | | |
|--|------------|--------------|------------------|---------------------------|------------------|--------------------|---------------------------------|---|
| Disease Name: | | | First Diagnosed: | | Treatment/Notes: | | | |
| | | | | | | | | |
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| | | | | | | | | |
| | | | | | | | | |
| Past Surgical History: | | | | | | | | |
| Procedure Name: | Surge | on: | | | Date: | | Reason for Procedure: | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| Tamily Madical History | | | | | | | | _ |
| Family Medical History: Disease Name: | Relati | VO: | | Age of | Diagno | ٠٠. | Treatment/Outcome | _ |
| Disease Name. | Relati | ve. | | Age of | Diagilo | se. | Treatment/Outcome | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| | | | | | | | | _ |
| Social History: | | | | | | | 1 | _ |
| Marital Status (status, spouse name, date |): | | | | | | | _ |
| Children (sex/age): | , | | | | | | | _ |
| Education (level/degree): | | | | | | | | |
| Occupation (type, name of employer): | | | | | | | | |
| Diet(type/limitations): | | | | | | | | |
| Code status (full code, life support, advance di | rective): | | | | | | | |
| Spiritual Belief System: | | | | | | | | |
| mmunization History (please bring imm | unization | record): | | | | | | |
| Immunization: | | Last Boo | ster | /Shot Da | ate | | What Facility: | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | _ |
| Reproductive History (For Women C | Jnly) | | | | | | | |
| Age of 1 st Menstruation: | Cycle Ir | nterval (# o | of Day | s- 1 st day of | period to | 1 st da | y of next period): | |
| Menese Duration (# of days): | Flow (d | circle one): | Light | t Mediun | n Heavy | y La | st Menstruation Date: | |
| Sexually Active (circle one): Yes No M | lethod | of Birth C | ontr | ol: | | | Monogamous (circle one): Yes No | |
| Pregnancy (# of times): Delivere | d (# of ti | mes): | _ Pr | emature | e (# of tim | ies): _ | Miscarried (# of times): | |
| Aborted (# of times): Hormo | ne Ren | lacement | The | rapy (circ | le one): \ | es I | No | |

Medication List

| e: Remark: |
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Patient Consent to Treat Form

| 1. | give permission for Physicians of Southern California to |
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| | give me medical treatment. |
| 2. | I allow Physicians of Southern California to file for insurance benefits to receive |
| | payment for the care I receive. I understand that. |
| | Physicians of Southern California will have to send my medical record information |
| | to my insurance company. |
| | I must pay my share of the costs. |
| | I must pay for the cost of these services if my insurance does not pay or, I do not |
| | have insurance. |
| 3. | I understand: |
| | I have the right to refuse any procedure or treatment. |
| | I have the right to discuss all medical treatment with my children. |
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| | |

Date

Patient's Signature

Preventative Health Evaluation

| | Patient Name | e: | | | | DOB: | [| Date: | |
|--|--|---|---|--|-------------|----------------|------------------|----------|--|
| 1. | What speciali | ist do you see? (| Name and pho | ne) | | | | | |
| a) |) Dentist: | | | | | | | | |
| b) | | ist: | | | | | | | |
| c) | Other: | | | | | Phone: _ | | | |
| 2. | What activities | es of daily living | are difficult | for you (pleas | se circle): | | | | |
| | Yard work | House work | Driving | Finances | Medical De | cisions | Meal prep | Eating | |
| | Dressing | Bathing | Toilet | | | | | | |
| 3. | Which of the | b. I <u>dor</u> c. Iwan d. I <u>dor</u> | nt Full Resuscii not want Full I nt Life Support not want Life S | tation. Resuscitation : Measures. Support Mea | | · | - | cie) | |
| 4. | Who is your h | nealthcare repre | | | = | | = '=' | _ Phone: | |
| | Can you provide us with an Advanced Directive to Physician ? Yes No | | | | | | | | |
| Immunizations, when traveling to foreign countries. Let us know or medications that may be needed. | | | | _et us know sc | we can | advise you abo | out any other va | accines | |
| | a. Last tetan | us: | b. Last | influenza: | | c. | Last Pneumonia | ı: | |
| | d. Last shing | les: | | | | | | | |
| 7. | Can you give | us a copy of you | ur immuniza | tion record: | Yes No | | | | |
| 8. | SCREENING T | EST: | | | | | | | |
| | a. Last colonos | scopy was: | Doo | tor: | | R | esults: | | |
| | b. Last chest x- | ray was: | | Resu | lts: | | | | |
| | c. Last EKG was | s: | Res | ults: | | | | | |
| | d. Last prevent | tive health lab wa | s: | | Where: _ | | | | |
| | e. (For Men) La | ast PSA was: | | | | | | | |
| | f. (For Men) La | st Prostate exam | was: | | | | | | |
| | g. (For Women | n) Last PAP Smear | was: | | Results: | | | | |

| h. (For Women) Last Mammogram was: | | Results: | |
|--|-----------------|----------|---|
| i. (For Women) Last Dexa/bone density scan | was: | Results: | _ |
| 9. Do you do self-breast exams (circle one): Ye | es No | | |
| 10. Do you want a hearing test (circle one): Yes | s No | | |
| 11. How often do you exercise (circle one): Yes | No | | |
| 12. What type of exercise do you like: | | | |
| 13. How many hours of sleep do you usually g | get each night: | | |
| 14. How many cups of water do you drink dail | ly: | | |
| 15. Do you engage in any uncontrolled habits | such as: | | |
| a. Tabacco: cigarette p | er day | | |
| pack per v | veek | | |
| b. Alcohol: drinks per | week | | |
| c. Recreational drugs: | | | |
| d. Controlled substances: | | | |
| e. Gambling:times | per month | | |

<u>Authorization to Use and Disclose Health Information</u>

| I hereby authorize (Previous Dr.): | to disclose to: | | | | |
|--|--|--|--|--|--|
| Name of Disclosing party | Physicians of Southern California Name of Recipient | | | | |
| Address | | | | | |
| City State Zip | | | | | |
| Records and information pertaining to: | | | | | |
| Patients Name: | Social Security Number: Date of Birth: | | | | |
| Patient's Address: | Phone Number: | | | | |
| signature unless a different date is specified l Revocation: This authorization is also subject | rective immediately and shall remain in effect for one year from the date of nere (Date) to written revocation by the Patient at any time. The written revocation will not that the disclosing party or other have acted in reliance upon | | | | |
| • | may not lawfully further use or disclose the health information unless runless such use or disclosure is specifically required or permitted by law. | | | | |
| Specify Records: Check the box. Initial and/or | r sign to specify which type of information is to be disclosed: | | | | |
| Medical information Initial | | | | | |
| Psychiaatric InformationInitial | | | | | |
| Drug/Alcohol Information Initial | | | | | |
| Results of HIV Test Initial | | | | | |
| Genetic RecordsInitial | | | | | |
| A copy of this authorization is valid as the ori | ginal. Patient has a right to a copy of this authorization. | | | | |
| Signature: | Date: | | | | |